

Crossroads Middle School (Grades 6-8th)

HEALTH RESOURCES



Human Relations Media

Video & Multimedia Programs That Educate & Inspire.

- ★ [Marijuana: Does Legal Mean Safe?](#)
- ★ [Coping with Dating Violence and Abuse](#)
- ★ [Highs, Lows, And In-Betweens of Puberty](#)
- ★ [Heroin Rising: Cheap, Addictive and Deadly](#)
- ★ [Basic Hygiene Video](#)
- ★ [Confronting Sexual Harassment in School: What Every Student Needs to Know](#)



Nutrition

MyPlate

U.S. Department Of Agriculture
[Resources | MyPlate](#)



Nemours KidsHealth:

KidsHealth.org is the most-viewed site for dependable information on children's health, behavior, and development from before birth through the teen years.

- ★ [Kids \(for Kids\)](#)
- ★ [Teens \(for Teens\)](#)
- ★ [Parents \(for Parents\)](#)



McGraw Hill\Glencoe

[Teen Health © 2021 Table of Contents](#)

[What's Covered- Online Health Resource Guide](#)

[What's Covered Resource Guide- Print](#)

[Teen Health-2021-program-overview](#)

Teen Health is an application-based program for middle school health students that teaches the 10 critical health skills that align with the National Health Standards.



Scholastic-Choices Magazine

Monthly magazine that focuses on health issues. It is a super resource for bringing current events and stories into middle school



TMW Media

- ☐ [Real Life Teens Party Drugs](#) Guide
- ☐ [Real Life Teens Party Drugs](#) Video



BrainPOP

1,000+ award-winning short animated movies for students in grades K-12, quizzes and related materials.

☰ Grades 6 -8 Health Education Pare...

[2020 NJ Student Learning Standards - Comprehensive Health and Physical Education](#)

[Characteristics of Effective Health Education Curricula | CDC](#)

[National Health Education Standards | CDC](#)

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